Dammen Adventure Race
Compete in exciting nature-themed challenges and help support the Kevin Dammen Mentorship Program!

Saturday, July 13, 2019 (Rain or shine)

Preregistration by 1:00 p.m. Friday, July 12: $25.00 per person
Registration after 1:00 p.m. Friday, July 12: $30.00 per person
Extra $5 due at registration for a Dammen Race T-shirt! (Due 6/26)

Event Schedule:
8:00 a.m.: Race-day registration and packet pickup begins
9:00 a.m.: Race Start—Receive an envelope with your adventure tasks!
Awards ceremony will be held after participants complete their morning of challenges.

Race Location
Jay C. Hormel Nature Center
1304 21st St NE • Austin, MN 55912
¼ mile north of Interstate 90 (Exit 180B)

Age Categories (teams of two)
Age 6-9 & Adult • Age 10-13 & Adult • Age 14-17 & Adult • Two (2) Youth, Age 14-17 • Two (2) Adults

Awards
Each preregistrant will receive a fleece headband (while supplies last), in honor of the original Dammen Nordic Cross Country Ski Race! Yes, we know it’s summer, but they’re a great way to keep your ears warm in cool temperatures any time of year! Awards will be presented to 1st and 2nd place winners in each age category.

More Information
507-437-7519 • info@hormelnaturecenter.org • www.hormelnaturecenter.org/dammen-adventure-race

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Saturday, July 13, 2019 (Rain or shine)

Register in person or send to:
Friends of the Hormel Nature Center (FHNC)
PO BOX 83
AUSTIN MN 55912

Each adult must complete and sign a registration form. Teams of two youth (age 14-17) must complete individual registration forms with a parent’s/guardian’s signature.

Name: ___________________________ Age: _____
Address: ____________________________
City: __________ State: _____ Zip: __________
Phone: __________ Shirt Size*: __________
Email: ____________________________

For child/adult teams:
Child’s Name: ______________________
Child’s Age: ______ Shirt Size*: __________
*Shirts are available for an additional $5 if turned in by June 26th

For teams of two adults or two youth (age 14-17):
Teammate’s Name: __________________

Check one:
_____ Payment included with my registration
_____ Payment included with my teammate’s registration

Preregistration by 1:00 p.m. Fri., July 12: $25 per person
Registration after 1:00 p.m. Fri., July 12: $30 per person

In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors and administrators, do hereby release any and all sponsors of this race, their representatives, successors and assigns, from any and all liability arising for illness or injuries I may suffer as a result of my participation in this race. I also understand and agree that any sponsor may subsequently use for publicity and/or promotional purposes my name and/or photographs, videotapes, motion pictures and recordings of my participation in this event without obligation or liability to me.

The profits from this event go directly to the Kevin Dammen Mentorship Fund. In the event of race cancellation due to weather, entry fees will NOT be refunded.

I have read the foregoing and certify my agreement by signature below (parent/guardian signature required for ages 17 and under):

Signed: _____________________________
Date: _______________________________