

# DAMMEN ADVENTURE RACE

Compete in exciting nature-themed challenges and help support the Kevin Dammen Mentorship Program!

## SATURDAY, JULY 13, 2019 (RAIN OR SHINE)

**Preregistration by 1:00 p.m. Friday, July 12:** \$25.00 per person  
**Registration after 1:00 p.m. Friday, July 12:** \$30.00 per person  
Extra \$5 due at registration for a Dammen Race T-shirt! (Due 6/26)

### Race Location

Jay C. Hormel Nature Center  
1304 21<sup>st</sup> St NE • Austin, MN 55912  
¼ mile north of Interstate 90 (Exit 180B)

### Age Categories (teams of two)

Age 6-9 & Adult • Age 10-13 & Adult • Age 14-17 & Adult • Two (2) Youth, Age 14-17 • Two (2) Adults

### Awards

Each preregistrant will receive a fleece headband (while supplies last), in honor of the original Dammen Nordic Cross Country Ski Race! *Yes, we know it's summer, but they're a great way to keep your ears warm in cool temperatures any time of year!* Awards will be presented to 1<sup>st</sup> and 2<sup>nd</sup> place winners in each age category.

### More Information

507-437-7519 • [info@hormelnaturecenter.org](mailto:info@hormelnaturecenter.org) • [www.hormelnaturecenter.org/dammen-adventure-race](http://www.hormelnaturecenter.org/dammen-adventure-race)

### Event Schedule:

**8:00 a.m.:** Race-day registration and packet pickup begins

**9:00 a.m.:** Race Start—*Receive an envelope with your adventure tasks!*

*Awards ceremony will be held after participants complete their morning of challenges.*

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*Each adult must complete and sign a registration form. Teams of two youth (age 14-17) must complete individual registration forms with a parent's/guardian's signature.*

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Shirt Size\*: \_\_\_\_\_

Email: \_\_\_\_\_

### *For child/adult teams:*

Child's Name: \_\_\_\_\_

Child's Age: \_\_\_\_\_ Shirt Size\*: \_\_\_\_\_

\*Shirts are available for an additional \$5 if turned in by June 26<sup>th</sup>

### *For teams of two adults or two youth (age 14-17):*

Teammate's Name: \_\_\_\_\_

### Check one:

\_\_\_\_ Payment included with *my* registration

\_\_\_\_ Payment included with *my teammate's* registration

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### **Register in person or send to:**

Friends of the Hormel Nature Center (FHNC)  
PO BOX 83  
AUSTIN MN 55912

In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors and administrators, do hereby release any and all sponsors of this race, their representatives, successors and assigns, from any and all liability arising for illness or injuries I may suffer as a result of my participation in this race. I also understand and agree that any sponsor may subsequently use for publicity and/or promotional purposes my name and/or photographs, videotapes, motion pictures and recordings of my participation in this event without obligation or liability to me.

*The profits from this event go directly to the Kevin Dammen Mentorship Fund. In the event of race cancellation due to weather, entry fees will NOT be refunded.*

I have read the foregoing and certify my agreement by signature below (*parent/guardian signature required for ages 17 and under*):

Signed: \_\_\_\_\_

Date: \_\_\_\_\_